



# Cambridge Harriers Under 20 Women's Track & Field Club Records



Event	Performance	Athlete (s)	Date	Venue
100m	11.63s	Daryll Neita (U17)	07.07.2012	Gateshead
200m	23.48s	Vernicha James (U17)	21.08.1999	Neubrandenburg (GER)
400m	51.0s	Marilyn Neufville	23.07.1970	Edinburgh
800m	2:05.48s	Sabrina Sinha	28.05.2016	Watford
1500m	4:17.48s	Sabrina Sinha	22.05.2016	Loughborough
3000m	9:29.01s	Sabrina Sinha	06.04.2016	Watford
100mH	14.30s	Gabriella Ade-Onojobi	02.07.2011	Gateshead
400mH	59.3s	Michelle Cooney	13.07.1985	Hull
2000mSC	8:00.37s	Molly Hawkins (U17)	20.06.2015	Eltham
High Jump	1.80m (i)	Wendy MacDonald	10.03.1990	Cosford
Long Jump	5.69m	Daryll Neita (U17)	20.05.2012	Eltham
Triple Jump	11.53m (i)	Chichi Cooper	18.03.2023	Lee Valley
Pole Vault	3.23m (i)	Cloe Garrett	25.09.2011	Carshalton
Shot	13.57m	Deborah Kerr	20.05.1970	Eltham
Discus	44.79m	Jill Lucas	1969	
Javelin	47.48m	Judith St-Ange	1971	
Hammer	41.26m	Sarah Harrison (U17)	1995	
Heptathlon	5258 points	Alexandra Telling	1983	
3000m Walk	13:51.35s (+)	Sophie Lewis Ward	14.07.2016	Tbilisi (GEO)
5000m Walk	23:37.55s	Sophie Lewis Ward	14.07.2016	Tbilisi (GEO)
10,000m Walk	53:14.06s	Hannah Hopper	19.03.2022	Coventry
4 x 100m Relay	47.5s	Not Known	Not Known	
4 x 400m Relay	3:51.5s	Not Known	Not Known	

(+) Set during longer event