



Cambridge Harriers

Under 15 Boys

Track & Field Club Records



Event	Performance	Athlete (s)	Date	Venue
100m	11.11s	David Bolarinwa	12.07.2008	Gateshead
200m	22.9s	David Bolarinwa	2008	
300m	37.28s (i)	Mubarrak Salih	01.12.2019	Lee Valley
400m	52.5s	Adam Rodgers	2000	
800m	2:01.38s	Stephen Ball	02.07.2011	Gateshead
1500m	4:09.49s	Matthew Francis	20.07.2016	Eltham
3000m	9:04.65s	Matthew Francis	27.07.2016	Watford
80mH	11.01s	Hans Nmaju	17.06.2023	Basingstoke
High Jump	1.81m	Kevin McKinson	08.07.1995	Nottingham
High Jump	1.81m	Daniel Obike	30.06.2023	Birmingham
Long Jump	6.38m	Hans Nmaju	26.08.2023	Birmingham
Triple Jump	12.72m	Tobi Adeniyi	11.06.2011	Battersea
Pole Vault	3.50m	Anton Martinez	30.06.1996	Crystal Palace
Shot Putt	19.71m	Curtis Griffith-Parker	28.08.2005	Abingdon
Discus	55.39m	Curtis Griffith-Parker	14.08.2005	Birmingham
Javelin	50.39m	David Keen	1968	
Hammer	45.89m	Curtis Griffith-Parker	05.60.2005	Hastings
Pentathlon	2692 points	Hans Nmaju	16.09.2023	Bedford
2000m Walk	9:47.67s	Alex Macheath	18.07.2018	Eltham
3000m Walk	14:51.3s	Alex Macheath	10.07.2018	Woodford
4 x 100m Relay	45.00s	Mubarrak Salih Shaquille Fernandez-Folkes Kieran Onyango Dante Legister	21.07.2019	Olympic Park, London
4 x 300m Relay	2:40.4s	Mubarrak Salih Dejaune Lingard Dontay Thomas Shaquille Fernandez-Folkes	22.09.2019	Gillingham
4 x 400m Relay	3:26.5s	Lee Harrison David Hucks David Groom Paul Rowbotham	1982	