



Cambridge Harriers

Under 17 Women's

Track & Field Club Records



Event	Performance	Athlete (s)	Date	Venue
100m	11.63s	Daryll Neita	07.07.2012	Gateshead
200m	23.48s	Vernicha James	21.08.1999	Neubrandenburg (GER)
300m	38.2s	Marilyn Neufville	06.09.1969	Crystal Palace
400m	54.4s	Marilyn Neufville	23.08.1969	Crystal Palace
800m	2:06.91s	Sabrina Sinha	16.07.2014	Watford
1500m	4:19.52s	Sabrina Sinha	12.07.2014	Birmingham
3000m	9:34.31s	Sabrina Sinha	08.04.2015	Watford
80mH	11.46s	Lily Gayle	12.05.2024	Ashford
100mH	15.3s	Jessica Clark	25.05.2008	Eltham
300mH	44.1s	Gabriella Ade-Onojobi	13.06.2009	Ashford
400mH	62.2s	Michelle Cooney	1984	
1500m SC	5:24.83s	Ella Newton	01.05.2016	Ashford
High Jump	1.76m	Wendy MacDonald	1989	
Long Jump	5.69m	Daryll Neita	20.05.2012	Eltham
Triple Jump	11.76m	Esther Jackson	17.08.2019	Eltham
Pole Vault	2.70m	Cloe Garrett	02.08.2009	Crawley
Shot (3kg)	15.69m	Nana Gyedu	01.09.2018	Loughborough
Discus	41.38m	Divine Oladipo	14.06.2014	Battersea Park
Javelin (500g)	41.39m	Paige Macheath	01.05.2016	Ashford
Hammer (3kg)	48.49m	Abbie Stewart	05.05.2019	Tonbridge
Heptathlon	3672 points	Gabriella Noyce	25.06.2023	Lee Valley
3000m Walk	14:21.93s (i)	Sophie Lewis Ward	15.02.2015	EIS Sheffield
5000m Walk	25:38.0s	Sophie Lewis Ward	11.07.2015	Tamworth
4 x 100m Relay	47.61s	Faith Assah Ciara McGinty Nuriah Orhurhu Zafirah Alebiosu	23.07.2023	Olympic Park
4 x 300m Relay	2:55.42s	Keziah Olaleye Faith Assah Janaii Coote Shardai Powell	25.06.2023	Gillingham
4 x 400m Relay	4:09.6s	Patricia Bagley Carole Walkingshaw Suzanne Mackay Ann Dunn	1969	

Performances which better the existing club record but were established with wind > 2.0m/s

Event	Performance	Athlete (s)	Date	Venue
80mH	11.44s (+2.2)	Lily Gayle	30.06.2023	Birmingham