



# 2023 Sutcliffe Park



## Track & Field Nights

@ Sutcliffe Park, Eltham, London, SE9 5LW

ALL events online entry only. No entries on the night. BMC entry closes one week before at 5pm.  
Open entry closes 6pm Saturday before.

Enter all Open events [here](#)

Enter BMC events [here](#)

### Wednesday 24th May

6.30pm	3000m Walk (U15+)		
7.00pm	100m		
7.20pm	400m	6.30pm	Discus
7.40pm	800m (incl BMC)	7.45pm	Shot
8.20pm	1500m (incl BMC)		
8.40pm	5000m (U20+)		

### Wednesday 21st June

7.00pm	100m		
7.20pm	400m	6.30pm	Hammer
7.40pm	800m (incl BMC)	7.45pm	Shot
8.20pm	1500m (incl BMC)		
8.40pm	5000m (U20+)		

### Wednesday 19th July

7.00pm	100m		
7.20pm	400m <sup>^</sup>	6.30pm	Discus
7.40pm	800m (incl BMC)	7.45pm	Shot
8.20pm	1500m (incl BMC)		
8.40pm	5000m (U20+)		

### Wednesday 16th August

7.00pm	100m		
7.20pm	400m	6.30pm	Hammer
7.40pm	800m (incl BMC)*	7.45pm	Shot
8.20pm	1500m (incl BMC)*		
8.40pm	5000m (U20+)		

**\*2023 Sutcliffe Series Winners - £100 prizes for top senior male and female 800m/1500m athlete**

**^Pat Kippax Prize - £100 for top female 400m athlete**

## **Important event information**

### **Open entries**

£10 (CH members £5) Enter here: [www.entry4sports.co.uk](http://www.entry4sports.co.uk)  
Entry to Open events - U13 and above except where stated.  
No refunds.

### **BMC entries**

Entry into BMC races is limited for 2023.  
BMC members will get preference, then if space allows non-members will be entered.  
Note - Entry closes one week before the race at 5pm.  
Entry to BMC - under 15 and above unless stated.  
£14 (BMC members £8) Enter here: [www.britishmilersclub.com](http://www.britishmilersclub.com)  
No refunds.

### **General**

Registration closes 30mins before start time.  
All races graded.  
Pace making - best efforts are made to provide pacemakers for middle-distance races.  
Entry may close if event limits are reached before the deadline.  
Athletes will need to supply their EA registration number.  
5000m - If there are sufficient entries two races will be organised, with the first race starting at the advertised start time. The second race will follow immediately afterwards.  
All track events are scheduled to be electronically timed.  
All athletes who need to withdraw must do so before the event via the relevant booking website. Failure to notify the organiser will result in a ban from further events.

### **Sutcliffe Series Winners**

£100 prizes for top senior male and female 800m/1500m athlete.  
Finish with a top 10 time in either 800m or 1500m to gain points.  
Male and female athlete with most points from three out of four events, from different meetings wins £100.  
Top time = 10 points. 10<sup>th</sup> best time =1 point.  
Any 800/1500m race qualifies.  
Where two or more athletes have same total, prize is shared.  
Only one race from each meeting allowed.

### **Pat Kippax Prize**

Fastest three women 400m runners in the July meeting will be awarded £100, £50 and £25 respectively.

**For more information:** - [www.cambridgeharriers.org](http://www.cambridgeharriers.org) or [www.britishmilersclub.com](http://www.britishmilersclub.com)  
*All information correct at time of going to press. Check websites for more details.*